

Turas Columbanus/The Columban Way

Nine Step Pilgrim/Heritage Walk

Follow these nine steps while walking in your local area

Gathering

pilgrimage

Creation

Solitude

Heritage

Discovery

Choose a route that has a cultural, spiritual, or heritage significance

Moving On

Journey

Companions

Stay at Home
Engage locally during
Heritage Week 2020

Turas Columbanus/The Columban Way

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Gathering

We all belong to a community
We respect distance and yet
we walk the road together



“LIFE IS A REAL ROAD,
BROAD FOR SOME
AND NARROW FOR OTHERS”

(Sermon 5)

Turas Columbanus Oatgan

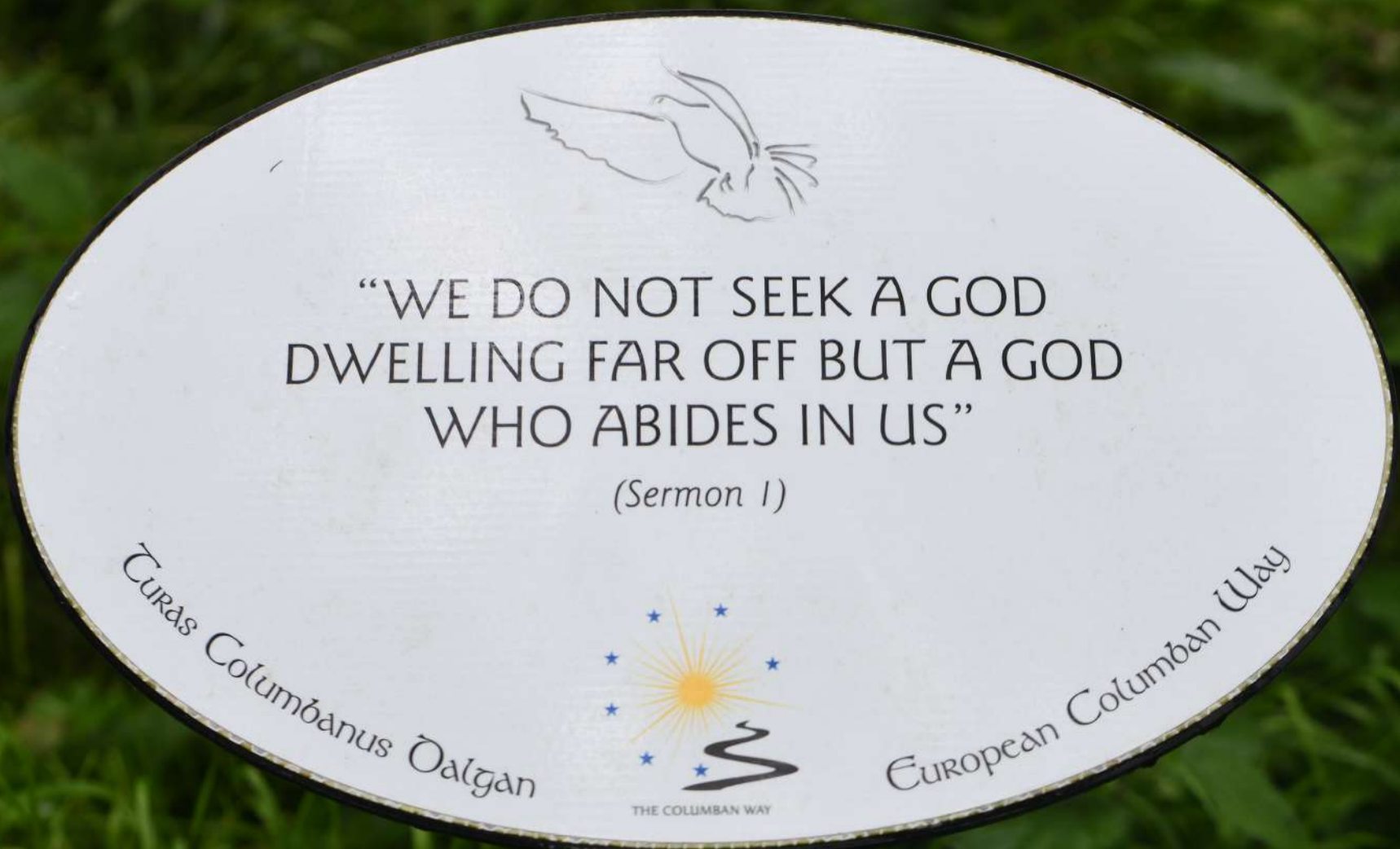


European Columban Way

Turas Columbanus/The Columban Way Nine Step Pilgrim/Heritage Walk

Pilgrimage

We connect with the ground
we tread
We connect with our inner
selves
We connect with the silence



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Creation

We each have a
creation story
All are
interconnected



“UNDERSTAND THE CREATION,
IF YOU WANT TO KNOW
THE CREATOR”

(Sermon 1)

Turas Columbanus Oatgan



European Columban Way

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Discovery

**Our pilgrim path
reveals the
hidden gems of
life all around us**



“KINDLE OUR LAMPS,
SO THAT OUR PERSONAL DARKNESS
AND THE WORLD’S MAY BE DRIVEN AWAY”

(Sermon 12)

Turas Columbanus Oalgan



European Columban Way

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**We stand in awe
We cherish and learn
Our future is one**



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Companions

On the journey we
engage with all
and care for all



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Journey

All of us are
on the same path:
To live in Love



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Solitude

Each step along
the Way reminds us
that we do not
walk alone.
There is that peaceful
Presence with us.



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Moving On
We keep our dreams
and hope alive in
spite of limitations





Nine Step Turas Columbanus/The Columban Way Pilgrim Heritage Walk National Heritage Week, 15th -23rd August 2020

During the current pandemic, for many people it is not feasible to walk some of the 590-km route of Turas Columbanus/The Columban Way from Mt. Leinster on the Wexford/Carlow border to Bangor, Co. Down. However, to mark **National Heritage Week from 15th-23rd August 2020**, the *Association Friends of St. Columbanus* has put together a **Nine Step Turas Columbanus/The Columban Way Pilgrim Heritage Walk** that focuses on the central themes and quotations from the letters and writings of St. Columbanus.

This guide offers an opportunity for the walker to go on a trail in his or her local area while at the same time connecting with the spirit of St. Columbanus and the path he travelled through the island of Ireland. Walkers can even start from their own front door and respect social distancing by walking on one's own or in small groups of three or four persons. It is an opportunity to stay connected during these months of social distancing and protecting ourselves from the spread of the Corona virus.

Turas Columbanus/The Columban Way marks the first stage of what is known as the Via Columbani that continues from Bangor, Co. Down across the Irish Sea and takes in eight other countries (Britain, France, Switzerland, Germany, Austria, Luxembourg, Liechtenstein, and Italy) to finally end up in Bobbio, Northern Italy, the resting place of St. Columban.

The theme of this year's Heritage Week, "Heritage and Education: Learning from our heritage" invites local communities to focus on our shared heritage in Ireland and across Europe. St. Columbanus, as patron for all who aspire to a united Europe, is a key figure to engage us with our medieval past. We can learn from his legacy as he provides us with a road map for our present living. Each of the nine steps of this pilgrim/heritage walk focuses on some of the key life experiences that contribute to ensuring we have a sustainable future.

We would like to hear from you. Why not send us a photo of the place where you have done the walk or post a short video of your experience to share with others

All communication can be sent to: turascolumbanus@gmail.com and we look forward to hearing from you. You can also connect with us on our Facebook page: Turas Columbanus or on Instagram: turas_columbanus. Twitter: columbanusJ

Turas Columbanus is featured on: www.thecolumbanway.eu and www.columbans.ie

Association Friends of St. Columbanus